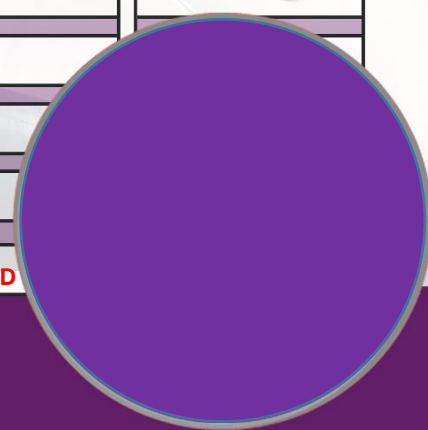




CLUB AMBER POOL & GYM TIMETABLE



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7am		POOL BIKING		POOL BIKING		OPEN 8AM	OPEN 8AM
8am							
9am	AQUA 9.30	P/BIKING 9.30	AQUA 9.30	P/BIKING 9.30	WATERBABIES		
10am					9.30		
11am					TO		
12pm					12.30		
1pm							
2pm							
3pm		SWIMMING		SWIMMING			
4pm		LESSONS		LESSONS			
5pm		3.30-5.00		3.30-5.00			
6pm		P\BIKING 6.30		P\BIKING 6.30			
7pm		AQUA 7.30		AQUA 7.30			
8pm						CLOSED	



- AQUA €7 FREE FOR MEMBERS

- POOL BIKING €10 OR €8 FOR MEMBERS

Club Amber Springs opening hours: Monday to Friday 7:00am to 9:00pm, Saturday, Sunday & Bank Holidays 8:00am to 8:00pm
Children's Hours 9:00am to 6:30pm daily